


SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY




December 2018

1
 9:00 Wii Bowling Practice—P
 10:00 Art with Elaine—AR
 1:00 Mahjongg Game—AR
 1:30 Better Balance—Ch. 920
 3:00 Williamson County Community Band at Williamson County Enrichment Center
 5:00 Happy Hour with Patsy & The Boys—P

2	3	4	5	6	7	8
10:00 Gentle Movement—Ch. 920 2:00 Gentle Yoga—Ch. 920 2:00 Cards & Games—AR 5:00 Gourmet Getaway: Saltine 6:00 Bible Study—P	9:20 Bridge—AR 9:30 Shopping at Publix 10:00 Water Aerobics 10:00 Better Balance—P 1:30 Gentle Yoga—AR 4:00 Ladies Bible Study—P 7:00 BINGO—P	9:30 Tai Chi—P 10:00 Shopping at Trader Joe's 10:30 Strength & Define—P 12:30 Ladies Book Club Luncheon—DR 2:00 Handcrafters—L 2:00 Men's Book Club—IR 6:30 Bridge & Rook—P/AR	9:00 Blood Pressure Check—C 9:30; 11:30; 1:30 Wii Bowling League—P 9:30 Shopping at Kroger 10:00 Water Aerobics 10:00 Better Balance—AR 1:30 Gentle Yoga—AR 2:30 Cards & Games—AR 4:00 Advent Worship and Bible Study with Bishop Joe Pennel—P 7:00 Brentwood Holiday Light Tour	9:30 Lunch at Miss Mary Bo Bo's and shopping in Lynchburg 9:45 Flower Power Pals—AR 10:30 Strength & Define—P 1:00 Mahjongg—STL 4:00 Bible Study—AR 7:00 Movie: The Miracle Season—Ch. 920	9:20 Bridge—IR 10:00 Resident Gift Fund Presentation—P 10:00 Water Aerobics & Brentwood Library 1:00 Book Club—IR 1:30 Resident Council Election & Annual Meeting—P 2:30 Cards & Games—AR 3:00 Glee Club—P 5:00 Happy Hour with Patsy & Craig—STL	9:00 Wii Bowling Practice—P 1:00 Mahjongg Game—AR 1:30 Better Balance—Ch. 920 2:00 Brentwood Baptist Christmas Concert
9	10	11	12	13	14	15
10:00 Gentle Movement—Ch. 920 2:00 Gentle Yoga—Ch. 920 2:00 Cards & Games—AR 6:45 Celtic Thunder at the Nashville Symphony	9:20 Bridge—AR 9:30 Shopping at Kroger 10:00 Water Aerobics 10:00 Better Balance—P 12:00 Library Committee 1:30 Gentle Yoga—AR 2:00-3:00 National Candy Cane Brownie Day—STL 4:00 Ladies Bible Study—P 7:00 BINGO—P 7:00 Brentwood Holiday Light Tour	9:00 Bill Wilkerson Hearing Clinic—C 9:30 Tai Chi—P 10:00 Genealogy Group—IR 10:30 Strength & Define—P 2:00 Handcrafters—L 2:00 Rehab Series—P 4:00 Glee Club Christmas Concert—P 6:30 Bridge & Rook—P/AR	9:00 Blood Pressure Check—C 9:30; 11:30; 1:30 Wii Bowling League—P 9:30 Shopping at Publix 10:00 Water Aerobics 10:00 Better Balance—AR 1:30 Gentle Yoga—AR 2:30 Cards & Games—AR 3:00 Conversations with Father Joe—IR 4:00 Advent Worship and Bible Study with Bishop Joe Pennel—P	10:30 Strength & Define—P 11:00 Food & Beverage Committee 1:00 Activity Committee 1:00 Mahjongg—STL 1:30 The Upper Room 3:00 Care Giver Support Group—CR 4:00 Bible Study—AR 6:15 Handel's Messiah at the Nashville Symphony	9:00 Advanced Better Balance—P 9:20 Bridge—AR 10:00 Better Balance—P 10:00 Water Aerobics & Brentwood Library 1:30 Tai Chi—AR 1:30 Wellness Committee 2:30 Cards & Games—IR 3:00 Glee Club Christmas Concert—P	9:00 Wii Bowling Practice—P 1:00 Mahjongg Game—AR 1:00 Cirque Dreams Holiday 1:30 Better Balance—Ch. 920 2:00 Music with Brothers In Christ—P 7:00 Movie: Firehouse Christmas—Ch. 920
16	17	18	19	20	21	22
10:00 Gentle Movement—Ch. 920 2:00 Gentle Yoga—Ch. 920 2:00 Cards & Games—AR 4:00 Carol Candlelight Celebration at First Baptist Church in Nashville 6:00 Bible Study—P 6:00 Brentwood UMC Festival of Carols	9:20 Bridge—AR 9:30 Shopping at Publix 10:00 Water Aerobics 10:00 Better Balance—P 1:30 Gentle Yoga—Ch. 920 2:00 Facility Services Committee 2:00 Birthday Bash—P 4:00 Ladies Bible Study—P 5:15 Mystery Outing 7:00 BINGO—P	9:30 Holiday Inn at Cumberland County Playhouse 9:30 Tai Chi—P 10:30 Strength & Define—P 11:30 Resident Council 2:00 Handcrafters—L 2:00 Healthcare Presentation—P 6:30 Bridge & Rook—P/AR	9:00 Blood Pressure Check—C 9:30 Shopping at Kroger 10:00 Water Aerobics 10:00 Better Balance—AR 1:30 Gentle Yoga—AR 2:30 Cards & Games—AR 4:00 Advent Worship and Bible Study with Bishop Joe Pennel—P	9:30 Podiatrist—C 9:45 Flower Power Pals—AR 10:00 Marketing Committee 10:30 Strength & Define—P 11:00 Welcoming Committee 1:00 Mahjongg—STL 2:30 Ladies Tea Time: Dirty Santa Gift Exchange—P 4:00 Bible Study—AR 4:00 Music with Misha Robledo—STL	9:00 Advanced Better Balance—P 9:20 Bridge—AR 10:00 Better Balance—P 10:00 Water Aerobics & Brentwood Library 1:30 Tai Chi—AR 2:30 Cards & Games—AR 3:00 Brentwood Suzuki Strings—P	9:00 Wii Bowling Practice—P 1:00 Mahjongg Game—AR 1:30 Better Balance—Ch. 920 7:00 Movie: Joyeux Noel—Ch. 920
23	24	25	26	27	28	29
10:00 Gentle Movement—Ch. 920 2:00 Gentle Yoga—Ch. 920 2:00 Cards & Games—AR	9:20 Bridge—AR 10:00 Better Balance—Ch. 920 1:30 Gentle Yoga—Ch. 920 7:00 BINGO—P	11:00 & 1:00 Christmas Day Buffet *Reservations required. Call 615-564-4949 for reservations 2:00 Handcrafters—L 6:30 Bridge & Rook—P/AR	9:00 Blood Pressure Check—C 9:30 Shopping at Publix 10:00 Water Aerobics 10:00 Better Balance—AR 1:30 Gentle Yoga—AR 2:30 Cards & Games—AR 7:00 Movie: Always at The Carlyle—Ch. 920	10:30 Strength & Define—P 1:00 Mahjongg—STL 4:00 Bible Study—AR	9:00 Advanced Better Balance—P 9:20 Bridge—AR 10:00 Better Balance—P 10:00 Water Aerobics & Brentwood Library 1:30 Tai Chi—AR 2:30 Cards & Games—AR	9:00 Wii Bowling Practice—P 1:00 Mahjongg Game—AR 1:30 Better Balance—Ch. 920 7:00 Movie: Forever My Girl—Ch. 920
30	31					
10:00 Gentle Movement—Ch. 920 2:00 Gentle Yoga—Ch. 920 2:00 Cards & Games—AR	9:20 Bridge—AR 9:30 Shopping at Publix 10:00 Water Aerobics 10:00 Better Balance—P 1:30 Gentle Yoga—AR 4:00 Ladies Bible Study—P 5:30 New Years Eve Masquerade Ball *Reservations required					

Calendar Legend

- Red—Meeting
- Green—Off Campus Outing
- Blue—Food Event
- L = Library
- C = Clinic
- AR = Art Room
- STL = Steeplechase Lounge
- P = Parlor
- IR = Iris Room
- CR = Conference Room
- M = Market
-  = Resident Suggestion

DECEMBER BIRTHDAYS

Beryl Blad	12/01
George Lawrence	12/03
Carolyn Oehler	12/07
Karl Schnelle	12/08
Dottie Miller	12/10
John Gregg	12/15
Gay Simmons	12/18
Harold Ferguson	12/23
Dottie Stickley	12/26
Dent Bostick	12/28
Peter Hoadley	12/30
Vivian Klee	12/30
Ann Bell	12/31

**If you would like your birthday published, please fill out a release form located at the receptionist desk.*

WE WISH YOU A

Happy Chanukah,

Merry Christmas

AND A

Happy New Year

Don't miss these musical performances:

Happy Hour with Patsy & The Boys
Saturday, December 1 at 5:00 p.m. in the Parlor



Happy Hour with Patsy & Craig
Friday, December 7 at 5:00 p.m.
in Steeplechase Lounge



Glee Club Christmas Concert
Tuesday, December 11 at 4:00p.m. AND
Friday, December 14 at 3:00 p.m. in the Parlor



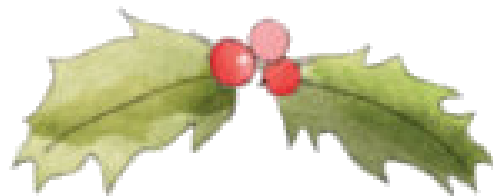
Music with Brothers In Christ
Saturday, Dec 15 at 2:00 p.m. in the Parlor



Music with Misha Robledo
Thursday, December 20 at 4:00 p.m.
in Steeplechase Lounge



Brentwood Suzuki Strings
Friday, December 21 at 3:00 p.m. in the Parlor



THE HERITAGE HAPPENINGS
December 2018

GIFT FUND PRESENTATION · FRIDAY, DECEMBER 7 AT 10:00 A.M. IN THE PARLOR.
Residents contribute to the gift fund as a way to say thank you to employees for all their hard work throughout the year. All residents are invited to join the Resident Council as they present a check to each eligible employee. If you have any questions regarding the gift fund, please see a member of the Resident Council.

**RESIDENT COUNCIL ELECTION & ANNUAL MEETING
FRIDAY, DECEMBER 7 AT 1:00 P.M. IN THE PARLOR**

Cast your vote for the upcoming Resident Council election. You can find information about the nominees in the Grand Hall, on Ch. 920 and on Odyssey. The election will take place prior to the annual meeting. *Absentee ballots can be picked up at the front desk and need to be submitted to the lockbox in the mailroom by Wednesday, December 5 at noon. *

Ladies Tea Time: **DIRTY SANTA GIFT EXCHANGE**

Thursday, December 20 at 2:30 p.m. in the Parlor

All ladies are welcome to join in on the fun for a gift exchange game. Each participant should bring a gift valued at \$20 or less. Please make sure your gift is wrapped with NO gift tag. Ladies will take turns unwrapping and "stealing" gifts based on the rules of the game.

Don't forget to wear your most festive sweater!



NEW YEAR'S EVE Masquerade Ball

MONDAY, DECEMBER 31 AT 5:30 P.M. IN THE MAIN DINING ROOM

RESERVATIONS REQUIRED. PLEASE CALL 615-564-4949 TO MAKE YOUR RESERVATION

Don't forget your masquerade mask!

If you have questions regarding this calendar, please contact Ashlie Burnett, Director of Community Life Services at 615-564-4918 or by e-mail at aburnett@TheHeritageLCS.com. Tune into Ch. 920 or check out Odyssey for the latest updates and information.